


PARENTS WITH AN IMMIGRANT BACKGROUND: REALITIES that need to be taken into account

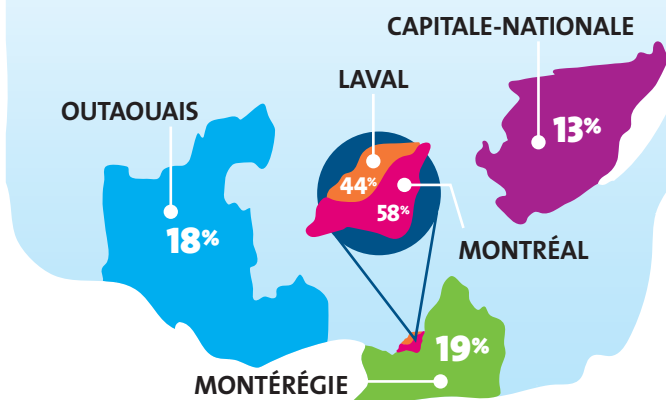


15,000

Québec parents expressed their opinions about parenting as part of the Perspectives parents initiative

25% OF THE PARENTS SURVEYED WERE BORN OUTSIDE CANADA

The greatest numbers of them can be found in the following regions:



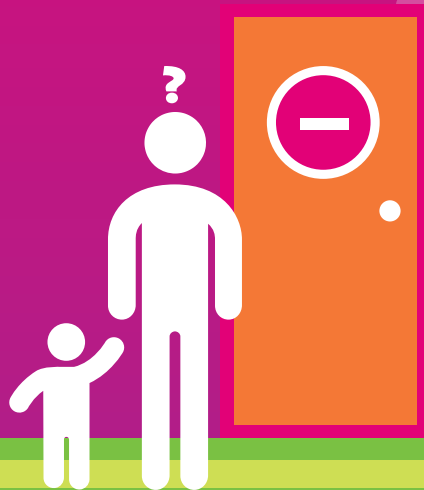
They also:

- are generally better educated: **58% have a university degree**
- report in greater numbers **having substantial information needs relating to children's health and health care and social-emotional matters**

Formal and informal support

Greater numbers of them:

- don't know where to find the information they need
- don't have access to a family physician or pediatrician
- don't take prenatal classes
- often don't have any sources of support available among family and friends



- use the services available at CLSC and community-based family organizations
- consult professionals, social workers and teachers for information
- often make use of support services such as:
 - drop-in daycare or respite centres
 - toy lending libraries and family thrift stores
 - community kitchens



WHAT DO WE KNOW ABOUT THE REALITY OF PARENTS WITH AN IMMIGRANT BACKGROUND LIVING IN OUR COMMUNITY?

HOW CAN WE ADAPT TO THEIR REALITIES?

