



Listuguj

NAME OF COMMITTEE:

HEALTHY CHILDREN 0-5 INITIATIVE



VISION:

Promote and strengthen the involvement of parents in their children's lives. Educate parents on child development of all stages and milestones. Offer support to parents and families struggling with food insecurity, lack of knowledge on programs and difficulties developing good parenting skills.

GENERAL PROJECT OBJECTIVES:

Educate and inform parents (and all community members) on programs and services available. Provide support to families. Offer activities and workshops geared to the needs of the families and children.

ORGANIZATION'S PARTNERS:

Community members, child and family services, daycare, family first-line support services, Listuguj community garden, elders.



NOTEWORTHY ACTIONS:

- ☀ Kids visit to the community garden for planting and harvesting
- ☀ In classroom planting and making mini greenhouses
- ☀ Cooking classes



EVENT ORGANIZED AS PART OF THIS PROJECT:

- ☀ Harvest festival at the Listuguj Community Garden
- ☀ Healthy cooking classes
- ☀ Culture and craft nights

RESOURCE PERSON:

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FIRST NATIONS OF QUEBEC AND LABRADOR HEALTH AND SOCIAL SERVICES COMMISSION



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